UC San Diego

Herbert Wertheim School of Public Health and **Human Longevity Science**

THE UNIVERSITY PARKING PREDICAMENT: **LOOKING INTO THE IMPACT OF PARKING EXPERIENCE** ON STUDENT INVOLVEMENT

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OBJECTIVE

To assess the relationship between students' parking experiences and their levels of academic and recreational involvement.

INTRODUCTION

- Parking challenges (limited spaces, high costs, long search times) can increase student stress and reduce campus engagement^{1 3}.
- At commuter-heavy campuses like UC San Diego, transportation barriers may limit student involvement, but this link remains underexplored².

METHODOLOGY

Sample:

- Cross-sectional study using a Qualtrics survey distributed to current UC San Diego students over a 3-week period in April 2025.
- Participants were recruited via Instagram and outreach to other Capstone classes.
- Data analyzed with descriptive statistics, chisquare tests, and t-tests.

Exposure:

• Parking experience, including factors such as time spent finding parking, satisfaction with parking options, and cost of permits.

Outcome:

 Student involvement, measured through participation in academic and extracurricular activities.

RESULTS

N = 126 students

Figure 1: Average Time Spent Finding Parking on Campus

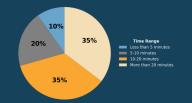


Figure 3: Academic Event Attendance by Time Spent Finding Parking

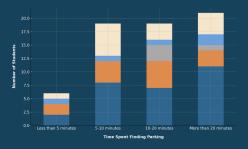






Figure 2: Extracurricular Event Attendance



Figure 4: Student Satisfaction with UCSD Parking



More than 9 out of 10 students reported being unsatisfied or only slightly unsatisfied with parking on the UCSD campus.

KEY FINDINGS

Poor Parking Experience

Students reported low satisfaction with parking (M = 0.798, SD = 1.269, on a 0-6 scale, with higher numbers indicating higher satisfaction).

Parking Experience & Extracurricular Involvement

A significant association was found between parking experience and extracurricular attendance, $\chi^2(25, N = 124) = 43.055, p < 0.05.$

Parking Experience & Academic Involvement

A significant link also existed between parking experience

 $\chi^2(25, N = 124) = 115.689, p < .001.$

Parking-Related Costs

The average cost of parking was \$100-150 per quarter.

"College students aren't able to pull hundreds of dollars for parking tickets, nor are many able to even afford parking

CONCLUSION

These findings highlight the statistically significant link between transportation barriers and student engagement, suggesting the need for UCSD to consider improved parking

- Students with better parking experiences were more likely to attend events.
- Parking difficulty may limit access to extracurricular and academic activities.

Findings from this study suggest that parking challenges significantly hinder **student involvement**, particularly for off-campus commuters.

POLICY IMPLICATIONS

To support student engagement, UC San Diego should consider:

- Expanding affordable parking options, including increasing the number of student and commuter-designated spaces.
- Offer tiered or discounted parking permits to reduce cost burdens for lowincome or long-distance students.
- Increase shuttle services from remote lots or public transit stops to reduce reliance on high-demand central parking areas.

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SCAN THE QR CODE FOR REFERENCES:

